

Pistol Process and Application

Length: 1 Day

Course Description:

This course is designed to provide the student with formulaic processes pertaining to the employment of the handgun. These methods allow successful engagements whether hunting, competing, or gunfighting. The focus of the material will be on the mental aspects of shooting and students will leave with a solid grasp of the accurate application of the weapon in a variety of situations. They will also have the opportunity to validate what they have learned through a comprehensive final exercise.

Objectives mindset:

- gear selection and placement overview firearms safety
- in-depth breakdown of the fundamentals of marksmanship error diagnostics holdoffs ready positions deliberate load procedure considerations for standards rapid target engagement
- multiple target engagement
- Hand speed discussion methods for increasing shooting speed formulaic shooting vision: focus and awareness
- Mental processing exercises
- Killhouse marksmanship exercises (range dependent) pistol transitions reality-based scenarios post-shooting procedure situational awareness
- Physiological effects of stress overview
- Shot placement overview refunction drills shooting during movement team/partner communication speed/combat/tactical reloads positional deployments
- Intermediate distance engagements (if terrain allows)
- Movement overview - Target identification validation exercise

Equipment:

- Semi-auto pistol with at least 3 magazines
- Ammunition: 500 - 750 pistol rounds
- Pistol belt or battle belt with duty holster and magazine pouch, weapons cleaning kit including gun lube, handheld flashlight, eye/ear protection, ball cap (optional), elbow/knee pads (optional), hydration kit, wet/cold weather gear, pen/notepad, sunscreen/bug dope.

Bio: Jason “Jabo” Long began his law enforcement career in 1997 and has spent the last 15 years assigned to his agency’s full-time SWAT Team in one of the country’s most violent cities. He is currently the Team Leader/Training Coordinator for that unit and is the owner of Fast Bear Consulting Group.